



Acid Peels

At Lüz we work hard to always encourage good exfoliation. The ideal peel cocktail, safe for all skin types is the Perfect DermaPeel; however, many clients won't have the 4-7 days of downtime to peel. That's why we educate our nurses and aestheticians on the various levels of no-downtime custom peels. Here you'll find a complete list of acids. Please refer to protocol sheets included for instructions on each.

Glycolic Acid - For all skin types – AHA Universal Peel

- 20% - Peel pads on your cart are super easy to add to any of our facials without causing any kind of severe reaction or downtime. No need to neutralize.
- 30% - Should be done with more caution as an add on to only hydrafacial. Must be neutralized after 20 minutes. Follow instructions in the Platinum protocol booklet.

Salicylic Acid – An oil soluble BHA acid and is used predominantly for acne and oily skin – BUT can also be used for post inflammatory pigmentation and mild photo damage.

- 3% - Can be added as a spot treatment or full face toner to anyone with acne breakouts or congested skin.
- 15% - We don't carry 15% however we can order it if you have various clients needing a deeper spot treatment. Typically we would not use this on the full face to avoid drying out the skin. Follow instructions in the Platinum protocol booklet.
- 25% - This is a big jump from the 15%. Should be done by a dermatologist.

Mandelic Acid – For everyone – pigmentation – acne – wrinkles, even skin tone and texture

- 22% – pre-teens, teens, sensitive skin, and those that don't want a lot of visible peeling but still results! Can be done at the spa or at home with our Skincare Rx peel kit.
- 40% – Still non-sensitive for the client with super sensitive skin that wants a bit more flaking. We don't carry it but can be ordered. Follow instructions in the Platinum protocol booklet.

Lactic Acid – For sensitive or dry skin types --- wrinkles, pigmentation *excellent for chronically dry skin. Hygroscopic.

- 50% only - Follow instructions in the Platinum protocol booklet.

ProPeel – Cocktailed peel designed for the no-downtime patient.

- **Glycolic Acid**
This alpha hydroxy acid (AHA) exfoliates dead skin, reduces the signs of aging and eliminates acne-causing bacteria
- **Lactic Acid**
A gentle yet effective exfoliant that brightens and hydrates the skin
- **Salicylic Acid**
This beta hydroxy acid (BHA) fights acne, soothes skin and keeps pores clear and clean
- **Citric Acid**
This gentle alpha-hydroxy acid (AHA) exfoliates the skin by dissolving dead skin cells, unclogging pores and reducing the appearance of fine lines
- **Glutathione**
The master antioxidant nourishes skin at the cellular level and helps reduce pigmentation

Resurfacing Mask iS Clinical

This masque is clinically formulated with 18% unbuffered glycolic acid, lactic acid, citric acid, malic acid, retinol, vitamin B3 and potent antioxidants, including green tea extracts. It has a cinnamon scent and tingles a little on your face as it begins to work. Follow Fire and Ice Protocol for complete instructions on how to perform this treatment.

TCA –

- PerfectPeel 13% TCA – Safe for all skin types. Follow Peel Protocol in your protocol handbook for instructions.
- 20% - This would be a custom blend. Not recommended to be done unless under the supervision of a dermatologist.

Jessners – We do not carry but can consult on it.

Predominantly oily, acne skin. Combination of 14% resorcinol, 14% salicylic and 14% lactic acid. 50% Hydrocodone and 50% Catecole.

Hydrafacial Peels – An easy way to incorporate acids with low risk and no downtime. Please be sure not to use any Vitamin C when doing this treatment either. High risk of irritation.

- Lactic, Glycolic – Water based peel mixed with water
- Salicylic – Oil based peel

ALL PEELS:

Client should prep the skin with Retinol .25 for a couple weeks and or brightening cream, 2 weeks ahead. This will help lower melanin production and pigmentation issues as the client is smoothing her skin.